

Chapter 2

Thamasoma Jyothir Gamaya

(Kindly lead us to light from darkness.)

We can find a reality or fact while analysing human mind. It is that, sin gets dominance over virtual things. That is, human mind filled with darkness of sin, has always dominated by perverted activities rather than truth. This weakness of human mind makes him slave to death. We can make out the “Book of Genesis” that “the death has come to earth due to sin”. Since the human body is surrendered to mind filled with the darkness of sin and untruth, human being loosing his physical body by death. Or we can say that the state of getting lost the physical body is called death.

The Rishis in ancient India recognized the principle that human being can escape from death by removing the darkness of sin and untruth from the mind and purify it. They understood that the ways to achieve the above goal are prayer, meditation and hermitage. That is why the Rishis praying like this.

Asathoma sath gamaya
Thamasoma jyothir gamaya.
Mruthurma amrutham gamaya.
Om (Aum) santhi, santhi, santhi.

(Santhi – Peace)

The meaning of the above prayer is: Please lead us to truth from untruth, from darkness to light, from mortality to immortality. We can infer this fact by inspecting the lives of Rishis.

Rishi. Shri. Shiva Prabhakara Sidha Yogikal, who accepted his ‘Samadhi’ (See chapter 21) in 1986 at Omalloor, Pathnamthitta, Kerala, South India, it is estimated that he was 723 years old at the time of his “Samadhi” according to records. He was born in Akavoor Mana, Chovvara village on the banks of river Periyar, near Cochin, Kerala, South India. He used to be called Shri. Prabhakar Nampoothiri.



Rishi.Shri. Shiva Prabhakara Sidha Yogikal

[It is estimated that Rishi Mahavathara Babaji, who has been doing hermitage or penance , in a cave situated in one of the mountain tip of Himalayas called Badhari Nath, (19,000 feet from sea level) has the age of 4000 years.

Courtesy to “ Autobiography of a Yogi ” written by Sri Sri Yoganantha Paramahansa.
For reading the book, visit the web page <http://www.crystalclarity.com/yogananda>]

Since the Rishis lack the darkness of sin and untruth, they don't loose their physical body by death. The body of Rishis vanish after death and they can travel as pure righteous ghosts and can appear anywhere they wish.

The deformation due to old age of such bodies are being removed by God and given them stable puberty by transformation of their body forever. The Rishi's mind is filled with truth and purity instead of the darkness of sin and untruth who is being given perpetual puberty by God. Thus ,God removes firstly the darkness of mind and resulting untruth from the Rishi's mind by their meditation and penance which is the aim of their prayers and also their body gets stable puberty not having lost by death. Such a Rishi doesn't have darkness of sin or untruth in his mind. But it will be filled with purity and truth. Therefore they can easily control emotions like lust and anger.

We can see religious preachers who translate the prayer “Asathoma” in a wrong way. Also there are so many Christian Religious preachers who believes the blunder that Hindu religion is made up of untruth and darkness and that is why the Rishis pray , let them lead from untruth to truth, from darkness to light and from death to immortality. One more foolish opinion among some other religious preachers is that the Christian religion had come to India due to the prayers of Rishis, demanding a new religion to them and they succeeded in that. Actually they didn’t mean like that. But the meaning of their prayer is to remove the darkness of sin and untruth which are in-born in them just like any other human being born in this world and thus saving from death and loosing of the physical body.

Just like any other religion, Hindu religion is also an entrance to heaven. And also it is innocent just like any other religion. It doesn’t consists of any type of untruth , darkness etc.

Nobody can ever found that even a single Rishi received Christian religion.. This also supports the fact that the Rishi’s prayer didn’t mean for a new religion. The life of Sri. Shiva Prabhakara Sidha Yogi,accepted his Samadhi in 1986 and described earlier in this chapter , is an ample evidence for this . He never changed his religion.

The Yogis doing penance in the Himalayas are known as ‘Hathayogikal’. They can travel through air invisibly with high speed and reach any place they desire. After reaching the destination, others can view and speak to them. We can see such a Yogi in the third chapter of the book “ Auto biography of a Yogi” written by Sri Yogananda Paramahansa.

Some portions of the New Testament proves that there were such Hathayogis among the crowd gathered to hear the sermon of Christ.

“I tell you the truth; some who are standing here will not taste death before they see the Son of Man coming in his kingdom.” (St. Mathew 16:28).

Christ retained them as Yogis by declaring that they won’t die before the second coming of Christ. He didn’t give them the law of Christian Baptism. Still they have been continuing as Yogis in the Himalayas.

“ I am the way and the truth and the life.. No one comes to the father except through me.” (John 14:6).

It is not proper that the above holy words are a reply to the Rishi’s prayer and therefore everybody who wishes salvation should join the Christian religion. Christ is the only way , truth and life who has the freedom to come before God without depending anybody else. We came through different ways, truths and lives which end in God through Christ (through Prajapathi) in the earlier chapters. Human beings always have the tendency of sin irrespective of religion. We can not change this weakness of mind by simply converting from one religion to another.

The only two persons who came to this world without the darkness of mind and untruth are the Christ and his mother Holy Mary. Just like Christ, Holy Mary did not lose her physical body. The reason for that is she is also lacking the darkness of mind and untruth. Just like Rishis, the physical body of Holy Mary disappeared from the grave and God gave infinite puberty to it. That is why she can appear before her admirers and give them the holy materials like Rosary.

The well known prayer starting with “Asathoma Sath Gamaya” is a prayer which can be used by anybody irrespective of the caste or religion along with the hermits in the Himalayas who have been doing penance for over thousands of years.



Mr. Janardhanan Nair performing “Pooja” at the tomb of Shri. Shiva Prabhakara Sidha Yogikal

According to Rishis, the words darkness and untruth means the badness, impiety and malice of mind and death means the state of losing the physical body.

“Then the people who feared the Lord spoke to one another, and the Lord listened and heard what they said. In his presence, there was written down in a book a record of those who feared the Lord and respected Him. “They will be my people” says the Lord Almighty. “On the day when I act, they will be my very own. I will be merciful to them, as a father is merciful to the son who serves him.” (Malachi 3:16-17)

The above holy words are true in the case of Great Rishis. Because the Rishis who are in continuous divine meditation are filled with the divine Holy Spirit. Because the Rishis are known as “King Sages”.

Even though in Christian religion there are references of so many saints, we can consider only two of them as Perfect Saints. One is Christ himself and second one is Holy Mary who was fortunate enough to become the mother of Christ. Since they are saints in the juxtaposition of God, (mind free of darkness of sin and untruth) their physical body become heavenly.

Note:- Shiva Prabhakara Siddha Yogi.

Shri Shiva Prabhakara Siddha Yogi was born in A D 1263 April (Star-Pooruruttathi-Meenam) as the son of Mr. Narayanan Nampoothiri , Akavoor Mana and Mrs. Gouri Antharjanam, Azhvanchery Mana , in the village of Chovvara near Alwaye town and situated on the banks of river Periyar , Kerala State, South India. In 1986, on April 6th, he left his physical body. It was done in the monastery known as Prabhakara siddhashramam at Omalloor, Pathanamthitta dist, Kerala, South India. His body was buried at Mountain Pulippara near Omallur in the presence of thousands of people.

He lived in this world for a long period of 723 years practicing yoga by the grace of God. He treated the mankind as one without any discrimination of cast creed or community. It is a wonderful truth that Sri Prabhakara Siddha Yogikal lived so many years with Mr. Ipe Mathew known as Ipe Vaidhyar as a family member in his house situated at Kanjikuzy, Kottayam in Kerala State , South India.

The address below is helpful to readers who are interested to know more about Prabhakara Siddha Yogikal.

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